



# Women's Retreat FAQs

MAY 5-6TH, 2017

We've received several questions over the past few weeks about the Women's Retreat and wanted to share this FAQ for those of you who have already registered and others who are still considering the opportunity. Our hope is to help address common questions and alleviate any uncertainties or barriers you might have about joining for the weekend. If you have any additional questions, don't hesitate to email [events@downtowncornerstone.org](mailto:events@downtowncornerstone.org).

## **Who is the leadership team for this event?**

Pastor Craig is overseeing the vision and teaching elements and Sarah Wright is managing the logistics and day of coordination along with several other women within DCC including Jen Weiss, the emcee for the weekend. We've incorporated feedback from previous Women's Discipleship Day events with the hope of meeting various needs and serving the women within our body well. We welcome questions and feedback before or after the event!

## **Why Suncadia Resort?**

We decided to pursue a conference center over a camp as it was the best option in terms of facilities, amenities, and availability while still being within two hours of downtown Seattle. Suncadia is an amazing space - beautiful, comfortable, and a great retreat from the city!

## **Who will be speaking?**

We've invited Jen Thorn, a seasoned speaker to lead the three main teaching sessions and believe her experience and outside voice will be an encouragement and gift to our body. We also value the opportunity for women within DCC to teach and will have several DCC members lead and speak throughout the weekend (testimony, morning devotional, workshops). We trust that God will do great things through each of the women presenting. Be praying as they prepare!

## **What are the workshop topics?**

Kathy Sturm will lead a session called "*Soul Care When your Hands are Full of Littles*," a breakout about the practical means of grace when you are overwhelmed caring for young children.

Jen Keogh will lead a session called "*Getting into God's Word*," that will tackle the why and how of studying God's word for those that feel their time is scripture is dry, irrelevant, or fruitless.

Sarah Wright will lead a session called "*Claiming God's Truth with Open Eyes*," discussing the process of identifying lies that we believe and submitting those to the truth of God's word.

### **What's the schedule for the weekend?**

The weekend will be interactive with singing, mingling, teaching, food, discussion, and times of reflection and prayer. To give you an idea of what this will look like, a basic outline for our time is as follows:

#### *FRIDAY*

*Registration and social*

*Welcome and worship*

*Testimony - Charissa Lundy*

*Session 1: Seeing & Believing in God's Greatness*

*Roundtable discussion*

*Late night snack and mingling*

#### *SATURDAY*

*Morning devotional - Jen Sinnett*

*Breakfast and social*

*Session 2: The Greatness of God and the Killing of Fear/Anxiety*

*Roundtable discussion*

*Workshops - Kathy Sturm, Jen Keogh, Sarah Wright*

*Lunch*

*Free time*

*Session 3: The Greatness of God and the Death of Idols*

*Roundtable discussion*

*Closing worship and prayer*

*Dinner*

*Pack-up and depart*

### **What if the cost is a barrier for me?**

We recognize the cost is higher than other retreats or off-site gatherings but aimed to make it as cost-effective as possible while offering a hotel room rather than a bunk-style space. Your cost includes all meals, lodging, and materials for the weekend. If cost is a barrier, please request a scholarship when you submit your registration and we'll work with you to cover the remainder of what you're able to pay.

### **Why an overnight event?**

We are excited for our first off-site retreat and know this has been a desire shared by many of you! Extending our discipleship from just one day allows for more time to connect, learn, and process with one another. Our goal was to get the most out of our time together while forgoing the additional cost of a two-night stay. We've made a Saturday-only registration option available if you're only available to come up for part of the weekend.

**Are infants allowed?**

We don't anticipate many mothers bringing little ones up for the night, but wanted to alleviate that as a potential barrier for moms with nursing babies who have the desire to participate for both days. Our plan is to assign moms with little ones to a room in the same manner that other rooms are assigned - if they indicate ladies they'd like to room with, we'd group them together and ensure that everyone in a room with a baby would know that going in to the weekend and be on board with that expectation.

**Can I book my own private room?**

Depending on room availability, we will do our best to accommodate this need. If you would prefer your own room for Friday night, please email [events@downtowncornerstone.org](mailto:events@downtowncornerstone.org) and we'll work with you to set up an alternate registration option.

**What types of activities are available for Saturday afternoon?**

Suncadia is a beautiful facility featuring miles of hiking, walking, and biking trails, with a swim & fitness center, coffee shop, and spa on site. Feel free to walk to the river along the 1,000 steps trail, drive to Roslyn and explore the cute shops, hike another trail within the area, or simply lounge and soak up the gorgeous view from the Great Hall.