



# Women's Retreat FAQs

MAY 17TH & 18TH, 2019

We're anticipating questions about the 2019 Women's Retreat and wanted to share this FAQ for those of you who have already registered and others who are still considering the opportunity. Our hope is to help address common questions and alleviate any uncertainties or barriers you might have about joining for the weekend. If you have any additional questions, don't hesitate to email [events@downtowncornerstone.org](mailto:events@downtowncornerstone.org). We would absolutely love for you to join and are praying for the time together!

## Who is the leadership team for this event?

Pastor Adam Sinnett is overseeing the vision and teaching elements with support of Deacons Anne Johnson & Jen Keogh. Maddie Olling is managing the logistics and day of coordination along with several other women within DCC. We've incorporated feedback from last year's Women's Retreat with the hope of meeting various needs and serving the women within our body well. We welcome questions and feedback before or after the event!

## Who will be speaking?

This year, rather than having an outside guest speaker, DCC members Jen Keogh & Adrienne Haas will be anchoring our time in God's Word during our two main sessions. They will be joined many gifted women from our body whom God has equipped to present workshops, lead us in musical worship & prayer, and tend to all the details for the retreat. This year will be an intimate, in-house retreat. We believe their experience and wisdom will be an encouragement and gift to our body. We trust that God will do great things through each of the women presenting. Be praying as they prepare!

## What's the schedule for the weekend?

The weekend will be interactive with singing, mingling, teaching, food, discussion, and times of reflection and prayer. To give you an idea of what this will look like, here's our tentative schedule:

### FRIDAY, MAY 17

<b>4:00 pm</b>	<b>Begin Arriving at Suncadia / Check-in</b>
<b>6:00 pm</b>	<b>Registration / Mingling</b>
<b>7:30 pm</b>	<b>Opening Worship</b>
<b>7:45 pm</b>	<b>Welcome</b>
<b>8:00 pm</b>	<b>Testimony</b>
<b>8:15 pm</b>	<b>The Quieted Soul — Adrienne Haas</b>
<b>9:30 pm</b>	<b>Late Night Snack / Mingling</b>
<b>10:30 pm</b>	<b>Transition to Rooms</b>

## **SATURDAY, MAY 18**

<b>7:00 am</b>	<b>Free Time/Sleep In</b>
<b>8:30 am</b>	<b>Breakfast (Available until 10:00 am)</b>
<b>10:30 am</b>	<b>Check Out of Room</b>
<b>10:45 am</b>	<b>Workshops Session 1</b>
<b>12:00 pm</b>	<b>Lunch</b>
<b>1:00 pm</b>	<b>Workshops Session 2</b>
<b>2:15 pm</b>	<b>Free Time</b>
<b>4:00 pm</b>	<b>Our Vain Labor and God's Unconditional Promise — Jen Keogh</b>
<b>5:30 pm</b>	<b>Closing Worship &amp; Prayer</b>
<b>6:30 pm</b>	<b>Dinner</b>
<b>8:00 pm</b>	<b>Pack-Up / Depart Suncadia</b>

### **What if the cost is a barrier for me?**

If cost is a barrier, please indicate your need for a scholarship when you submit your registration and we'll work with you to cover the remainder of what you're able to pay.

### **What if I'm a college student?**

We don't want cost to be a barrier for our college students, so we're offering a \$50 discount if you are currently enrolled. Please email [events@downtowncornerstone.org](mailto:events@downtowncornerstone.org) and let us know what school you are currently attending.

### **Why an overnight event?**

Extending our discipleship from just one day allows for more time to connect, learn, and process with one another. Our goal was to get the most out of our time together while forgoing the additional cost of a two-night stay. We've made a Saturday-only registration option available if you're only available to come up for part of the weekend.

### **Are children allowed?**

We don't anticipate many mothers bringing little ones up for the night, but wanted to alleviate that as a potential barrier for moms with nursing babies who have the desire to participate for both days. We'd encourage you to find child care during the retreat so you can focus, relax, and rejuvenate spiritually. If you have any questions or concerns, email [events@downtowncornerstone.org](mailto:events@downtowncornerstone.org).

### **Can I book my own private room?**

Because of limited room availability, we cannot accommodate individual rooms unless there are special needs. However, if you would like your own bed, you are welcome to select that add on within the registration form. If there are any special needs, please reach out to us by emailing [events@downtowncornerstone.org](mailto:events@downtowncornerstone.org).

**What types of facilities does Suncadia offer?**

Suncadia has many facilities that we would encourage women to arrive early and take advantage of before registration begins on Friday. Activities such as the [Glade Spring Spa](#), [Golf at Suncadia](#), and [Stillwater Cellars Winery Tours](#). If you are interested in any of these, or [additional activities](#), you can reserve directly through Suncadia.

**What types of activities are available for Saturday afternoon?**

Suncadia is located in a beautiful area, giving our ladies many opportunities for outdoor activities! We'll have a few hours of free time on Saturday afternoon with weather-dependent options for tennis, swimming, and [trail-walking](#) (all free to participate). If you'd rather stay indoors, you can grab a coffee and read or play board games in one of the beautiful hangout spaces.